KUDOS TO YOU!

Shout out to DC CAP! Thank you so much for your thoughtfulness! -Pam Acton

Thanks to the following people for helping me fix the insurance form in Access to accommodate specific information needed for secondary insurance claims. They were so helpful and friendly! They put a shine in my day!! Thank you to Tara Clem, Angela Onstott and Lisa Taylor! -Mary Dowdy

Big THANKS to all those who participated in the Medical Needs Shelter Exercise! It was a huge success with lots of great feedback! -Jessica Austin and Jeff Rascoe

Dr. Sewell’s Retirement

The Agency presented Dr. Sewell with a retirement gift in honor of his service here. He responded with this letter which we would like to share with all of the GRDHD family.

“I appreciate your gift and the public health organization that hired me. As an intern and resident, I watched or assisted master surgical technicians do their procedures. They made their operations look easy to do. Later, when I did these procedures, the obvious fact that was present was that many things could go wrong, and that not all these were predictable. In a similar manner, the staff of Green River District Health runs smoothly. Patient charts are lined up for me, records are standard and available, experts from Frankfort and even Florida are a phone call away, and everyone without exception bends over backward to help me on the computer. Yet I know that all organizations do not just naturally run smoothly. Like the expert surgeon, the expert administrator makes the job look easy, and it is not. It has actually been my privilege to work in Green River Health and be a member. Now I have a clock to remind me of some of the best occupational experiences of my life. I thank you and all of the staff for the reminder of all of you who were a part of my team in public health.”

-Frank Sewell
Ticks, Ticks, and more Ticks!

As an epidemiologist, you can always tell the time of year by what diseases are being tested for and reported. With reports rolling in on Rocky Mountain spotted fever and Lyme disease, you know it is officially summer. Time to grab your bug spray and be prepared for the start of tick season.

There are a variety of ticks that call Kentucky home, and with that several different types of tick borne diseases. Below is a quick guide to better understand the more common tick borne diseases in our region. These diseases can have similar symptoms, at times requiring a blood test to differentiate between them prior to diagnosis. Tick borne diseases can be very serious and even fatal. If you display any of the symptoms listed below after having a tick exposure, seek care from a medical provider. Fortunately, many of the diseases can be treated with antibiotic prescriptions allowing providers to begin treatment before receiving confirmatory lab results.

<table>
<thead>
<tr>
<th>Disease</th>
<th>Ticks</th>
<th>Signs and Symptoms</th>
<th>Treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rocky Mountain spotted Fever</td>
<td>American dog tick</td>
<td>Rash, fever, headache, abdominal pain, vomiting, and muscle pain</td>
<td>Doxycycline Antibiotic</td>
</tr>
<tr>
<td>Lyme</td>
<td>Blacklegged tick (Deer Tick)</td>
<td>Early signs and symptoms: fever, headache, chills, fatigue, joint pain, and a bullseye rash Later signs and symptoms: severe headaches, neck stiffness, facial palsy, problems with short term memory, heart palpitations, episodes of dizziness or shortness of breath</td>
<td>Antibiotics, including doxycycline and amoxicillin</td>
</tr>
<tr>
<td>Anaplasmosis</td>
<td>Blacklegged tick (Deer Tick)</td>
<td>Fever, headache, chills, cough, nausea, and muscle aches</td>
<td>Doxycycline or other tetracycline antibiotic</td>
</tr>
<tr>
<td>Ehrlichiosis</td>
<td>Lone Star Tick</td>
<td>Fever, headache, fatigue, chills, rash, and muscle aches</td>
<td>Doxycycline or other tetracycline antibiotic</td>
</tr>
<tr>
<td>Alpha-Gal Allergy</td>
<td>Lone Star Tick</td>
<td>Delayed anaphylaxis due to red meat exposure that can include hives, swelling of eyes, tongue, or throat, vomiting, diarrhea, and change in heart rate or blood pressure</td>
<td>Antihistamines, epinephrine, diet change</td>
</tr>
</tbody>
</table>

Continued on next page....
...Ticks continued

The best tip for avoiding ticks is to avoid the habitats where ticks will be. This includes wooded and brushy areas with high grass or leaf litter. If you can’t avoid the habitats, be sure to use a bug spray with 20% of more of deet, picaridin, or IR3535. Read the labels on the bug spray as it may recommend reapplication every few hours, similar in nature to sun screen.

Once you arrive back home, it’s time for the tick check. Ticks like to hide, be sure to check under your arms, in and around your ears, inside your belly button, behind the knee, between the legs, and even in your hair. If you are concerned that there may be ticks on your clothing, you can put them in the dryer on high heat for 10 minutes or wash in hot water.

If you find a tick that has already attached, it is important to remove it. While there are a variety of tricks on the internet when it comes to tick removal, there is no beating the simple method of using tweezers to grab the tick as close to your skin as possible, and slowly pulling upward until it is removed. Before disposing of the tick, kill it either by submersing it in alcohol, flushing it down the toilet, or sealing it in a plastic bag or container.

Additionally, remember to treat your pets with medications that repeal ticks and to check them as well when they come inside.

Submitted by Abby Beerman

TipLine.ky.gov now available

The Commonwealth of Kentucky has partnered with Red Flag Reporting to bring a valuable reporting mechanism to state employees and Kentucky residents.

TipLine.ky.gov allows a person to report concerns regarding improper, illegal or unsafe activity with the Executive Branch. This could range from financial concerns such as theft to issues with safety, substance abuse, harassment and more.

Users can provide information via tipline.ky.gov or by calling 1-800-590-3921 24/7/365.

*This is not a general helpline for eMARS, computer, or office related questions, nor does it replace 911 services..

The staff of the Home Health Department surprised Teudis Perez with a cake for his 40th birthday.
**CAP Training in Hazard, Kentucky**

CAP staff from five counties received specialized training as Community Health Workers May 30th through June 2nd. Staff received a tour of the Eastern Kentucky Mountains in order to see the housing crisis, access to food and healthcare issues first hand.

This was made possible by a grant from Owensboro Health.

**CNN visited DC CAP to talk about access to care topics on March 9th, 2017.**
CAP interviewed by Channel 25

Suzanne Craig of DC-CAP was interviewed by Channel 25 on access to care concerns on June 23rd. The video can be viewed here:


Policies and Procedures ~ Updates & News

Visit the official documents drive or our website for a complete listing of our Policies and Procedures.

- 01.02.02 Tuberculosis Procedure—This procedure was revised to allow GRDHD to bill employee insurance for TB skin tests.
- 09.01.01 Satellite School Health Clinics Medication Administration Policy—Revised to clarify times that Incident Reports and parental notification will occur upon delay in medication administration.
- 09.08 WIC Scheduling and Case Management Procedure—This procedure was revised to add the WIC Coordinator to the list for Contacts.
- 09.09 Breastfeeding Friendly Clinic Procedure—This procedure has been revised to reflect updated guidance related to breastfeeding as well as setting goals.
- 13.02.14 Home Health Advance Medical Directive Procedure—This new procedure ensures that Home Health patients are informed of rights regarding advance directives.

The following were reviewed:

- 09.01 Medication Policy
- 09.01.01.01 Daily Log for Medications GR424
- 09.03 Privacy and Confidentiality Form
- 09.05 Provision of Satellite School Health Clinics Policy
- 09.06 Satellite School Health Clinics Clinical Policy
- 09.07 Communication, Culture and Linguistic Policy
- 09.07.01 Communication, Culture and Linguistic Procedure
- 09.08.01 Notice of Same Day Scheduling Form
- 09.08.02 Initial Date of Contact Tracking Log
- 09.10 Harm Reduction and Syringe Exchange Program (HRSEP) Policy
- 10.01 HIPAA Privacy Rule Procedure
- 10.02 Protection of Human Subjects and Personal Information Related to Research and Epidemiological Investigation Procedure

All staff are encouraged to take the time to familiarize yourself with these new and revised procedures. If you have any questions please contact HR.