Daviess County Clinic would like to give a big thanks and shout out to the GO365 team, Angela Woosley, Sheri Hagan, Nancy Wilson and Christine Curry for all of your willingness to help even at last minute when we were in need of nurses for the clinic. It is greatly appreciated.

~ Ashley Holderby ~

What a true testament to the great leaders we have at GRDHD! Linda Wahl, Suzanne Craig (pictured left) and Angela Woosley (pictured right) were nominated for a prestigious community award for woman leadership and community service called the Athena Award. It is the first time that three women from the same organization have been nominated. We are very proud of all of you, Ladies!

Pictured at right, Sara Moore and Ashley Burnette (DCCAP) are excited to be helping so many people with insulin, as they pose in front of the newly shipped cartons. Good job Ladies! I am proud of you both!

~ Suzanne Craig ~
We are sad to announce that we will be losing one of our School Health Sites. Owensboro Public Schools have decided to integrate 5th grade students back into their elementary schools. **Foust Health Center** was affected by this decision. Since finding space is a challenge in the existing building, the school had to utilize the space that Foust Health Center occupied to be able to move their 5th grade students back in. **Foust Health Center** closed on March 20, 2018. However, the staff from Foust along with 2 front line staff moved to the Daviess County Health Department Building in the space previously occupied by **Health First**. This move has enabled **GRDHD** to try a new approach to WIC services. The site will be a WIC only site. There will be a Nutritionist there daily. The clinic will be streamlining services in hopes to make WIC services more efficient and patient centered with a new name of **WIC Express**. **WIC Express Clinic** will start to see the existing Foust patients beginning April 9, 2018. Then beginning May 7, 2018, the existing Daviess County Health Center WIC patients will be integrated into the new WIC Express Clinic. **Allison Geary** and **Stacy Gray** will be transferring from Foust, along with **Lesley Watkins** and **Genni Zaw** who are transferring from Daviess County Clinic. We are also pleased that we will be adding a new member to the team, **Cynthia Wiseman**.

The Kentucky Cancer Program (KCP) and Owensboro Health had an inflatable colon to raise awareness about the importance of a colonoscopy on March 29. Pictured above are the CAP staff and Jaimie Rafferty from KCP.

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**Training Opportunity**

**Psychological First Aid II** training will be in the Bedford Walker room on Friday, May 11th from 12 to 4 pm. Anyone who assists with a Medical Needs Shelter being open can attend this training. There will be registration on TRAIN in the near future. This is to assist employees to learn how to help with emotional stress during a time of disaster. ~ Anita Owens ~
BAKED OATMEAL

Never skip breakfast again with this versatile dish - bake once and eat for a week! Pick your favorite fruits and nuts for endless flavor combinations.

- 2 cups oats
- 1/4 cup packed brown sugar
- 1/3 cup raisins or other dried fruit
- 2 Tbsp chopped walnuts or pecans
- 1 tsp baking powder
- 1 1/2 cups milk
- 1/2 cup applesauce
- 1 1/2 Tbsp butter, melted
- 1 large egg, beaten
- Cooking spray
- Additional toppings/mix ins as desired (cinnamon, fresh fruit, coconut flakes, etc)

1 Preheat oven to 375°. Prepare 8” square baking dish with cooking spray.

2 Combine oats, brown sugar, dried fruit, nuts, and baking powder in a medium bowl. In a separate bowl, combine milk, applesauce, butter, and egg. Add milk mixture to dry ingredients, mix well.

3 Pour oat mixture into prepared baking dish. Bake at 375°F for 20 minutes.

4 Serve warm or refrigerate individual servings and breakfast is done for the week!

Recipe by Melissa Dorsey, Nutritionist II
11 Facts About Child Abuse

1. Approximately 5 children die every day because of child abuse.
2. 1 out of 3 girls and 1 out of 5 boys will be sexually abused before they reach age 18.
3. 90% of child sexual abuse victims know the perpetrator in some way. 68% are abused by a family member.
4. In 2012 82.2% of child abuse perpetrators were found to be between the ages of 18-44, of which 39.6% were recorded to be between the ages of 25-34.
5. In the US, more than 4 children die from child abuse and neglect on a daily basis. Over 70% of these children are below the age of 3.
6. Boys (48.5%) and girls (51.2%) become victims at nearly the same rate.
7. 2.9 million cases of child abuse are reported every year in the US.
8. Children who experience child abuse and neglect are 59% more likely to be arrested as a juvenile, 28% more likely to be arrested as an adult, and 30% more likely to commit violence crime.
9. About 80% of 21 yr-olds who were abused as children met criteria for at least one psychological disorder.
10. 14% of all men and 36% of all women in prison were abused as children.
11. Abused children are less likely to practice safe sex, putting them at greater risk for STDs. They’re also 25% more likely to experience teen pregnancy.

* ~ DO Something.org ~

**Stand Against Child Abuse**

**THURSDAY, APRIL 12, 2018**

4:30 — 7:00 P.M.

**3000 BLOCK OF FREDERICA LAWN in Front of KWC Foster Field (softball)**

*GAMES*  *PETTING ZOO*  *BOUNCE HOUSE*  *HOT DOGS*

Community Collaboration for Children reservations the right to photograph the Stand Against Child Abuse participants and utilize the photographs without prior notice on social media channels as well as in future publications.
The Green River Gazette is published monthly by the Green River District Health Department.

For questions, comments, suggestions or submissions, please contact a member of the committee

Angel Thompson • Angela Woosley • Carrie Conia • Heather Blair
Janet Cook • Jessica Austin • Linda Wahl • Shanni Onstott

**Disclaimer: The articles contained in the Gazette have been verified through trusted sources. Readers should check with their physician or other health care provider if you have questions or concerns.**