Shout Out!

I want to give a shout out to Linda Hughes and the Daviess County Clerical Staff. Thank you for all you do!

With all the changes, each of you have been phenomenal! Myself and all the clinical staff truly appreciate you!!

~ Lyndsey Hagan ~

Hey you two, (Angie Bindert and Linda Hughes)
I just wanted to say hello, I'm in the lighthouse trying to get better. I love you guys and miss ya'll, thank you for being warming, welcoming and supportive. Keep doing what you're doing.

Love ya'll, God bless.

J.O.L.A.

*This note is from a client benefiting from the Syringe Exchange Program*

I want to give a shout out to all of the Clinical Staff at Daviess County. Your work does not go unnoticed. Thank you for your willingness to adapt to the changes within our clinic. The clients we serve are lucky to have you!!

~ Lyndsey Hagan ~

Welcome Employees

Jazmin Fulkerson
Family Support Worker I/Home Visitor
Daviess County HANDS

Mary Simmons
Family Support Worker I/Home Visitor
Daviess County HANDS

Saying Goodbye...

Nancy Wilson, District Office
Laura Bronn, District Office

Check us out on the web: www.healthdepartment.org
Follow us on Twitter: @GRDHD
Like us on facebook: https://www.facebook.com/GreenRiverDistrictHealthDepartment/

Pictured below, Teudis Perez is representing Green River District Home Health is active in the community at the Henderson Senior Expo 2019.
Want to play a game?

The QI team focusing on improving the Quality Improvement Training at GRDHD has been hard at work. Now, they want to test your QI knowledge. The first person to email Brooke Fogle with the correct answer to the following question will win a prize!

The 1st step of the quality improvement process involves creating a draft to get a clear picture of how to improve the problem....what am I?

Did You Know?

If your health center has an idea for a QI project, you can send those proposals to Brooke Fogle. It might just be the project we are waiting for!

What the Science Says About the Effectiveness of Relaxation Techniques

Researchers have evaluated relaxation techniques to see whether they could play a role in managing a variety of health conditions, including the following:

- Anxiety, Asthma
- Childbirth, Depression
- Epilepsy, Fibromyalgia
- Headache, Heart Disease
- High Blood Pressure
- Insomnia, Irritable Bowel Syndrome
- Menopause Symptoms
- Menstrual Cramps
- Nausea, Nightmares
- Pain, Pain in Children and Adolescents
- Posttraumatic Stress Disorder
- Rheumatoid Arthritis, Ringing in the Ears (Tinnitus)
- Smoking Cessation, Temporomandibular Joint Dysfunction


It’s flu season again! Get your flu shot today!

Available at all 7 clinics.

The Administration Building will offer the Flu Vaccine on Oct. 8th and Oct. 15th, 8:00-10:00 am each day, in the Small Conference Room, located on the 2nd floor from.