



Top Health Issues Identified

Mental Health	Adverse Childhood Experiences, Self-harm, Bullying, Suicide, Anxiety, Depression, Teen Issues.
Diabetes/Obesity	Lack of physical activity, poor nutrition, education, self-advocacy.
Substance Abuse	Alcohol & Tobacco Abuse, Drug Rehab Facilities, Drug/Alcohol education resources for parents.

Next Steps

- Use the CHA to solidify Improvement Plan Initiatives
- Identify Goals and Objectives for Initiative areas.

Community Health Assessment

You can find the full GRDHD Community Health Assessment at www.healthdepartment.org

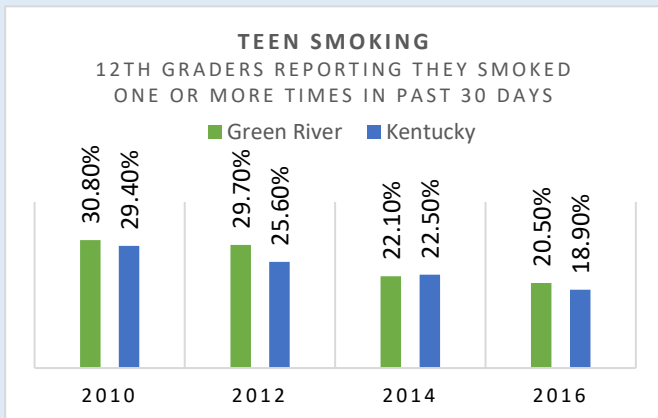
Henderson County's Vision

- "The Ideal Healthy Community"
 - ❖ Physical Fitness Opportunities
 - ❖ Safety
 - ❖ Access to Quality Health Care
 - ❖ Thriving Downtown Area
 - ❖ Tobacco Free
 - ❖ Drug Free
 - ❖ Mental Health Resources
 - ❖ Quality Education
 - ❖ Access to Nutritious Foods

Community Themes & Strengths

"What one thing would you change to improve your community?"

- Support for Single Mothers
- Community Engagement
- Access to needed services
- Provide more transportation options
- Support Healthy Lifestyles & Choices
- More "Resources"
- Reduce Smoking Rates
- More Support for Children and Families



Maternal & Child Health	Henderson	Kentucky
Prenatal Care within 1st Trimenster (2016)	61.04%	74%
Smoking during pregnancy (2013-2015)	21.5%	20.6%
Low Birth weight (2013-2015)	10.2%	8.7%
Teen Pregnancy (per 1000 ages 15-19)	44.7	34.6

Source: Kentucky Department for Public Health's Office of Vital Statistics, 2016

What are the unique aspects that make Henderson County more health, or unhealthy?

Healthy	
<ul style="list-style-type: none"> ▪ Public parks ▪ Recreational activities ▪ Thriving downtown riverfront ▪ Family friendly ▪ Hometown Hospital ▪ Partnering with Deaconess Health ▪ Golf 	<ul style="list-style-type: none"> ▪ Bike rider lanes ▪ Free health screenings ▪ RiverWalk ▪ Mobile food packing event ▪ Farmer's market ▪ Great schools and teachers ▪ Public library ▪ Downtown small businesses ▪ Health minded groups ▪ Churches
Unhealthy	
<ul style="list-style-type: none"> ▪ Dilapidated buildings ▪ Litter ▪ Abandoned homes/lots ▪ Poor housing conditions ▪ Lack of sidewalks ▪ Tanning bed salons ▪ Shortage of grocery stores 	<ul style="list-style-type: none"> ▪ Lack of hangout areas for teens ▪ Abundance of fast-food ▪ E-cigarettes ▪ Vape Shops ▪ Tobacco use ▪ Pawn shops ▪ Abundance rental properties

A community health assessment (CHA) helps a community to identify key health needs and issues through analysis of data and community feedback. A CHA then helps to guide planning for the Community Health Improvement Plan (CHIP) which is a plan that focuses efforts to address public health problems based on the results of the CHA. The CHIP is a 3 year plan, including goals and objectives to improve the identified strategic initiative areas.

Community Health Status Data

	2013	2014	2015	2016	2017
Obesity					
Green River District	31.8	31.3	34.2	30.1	32.4
Kentucky	31.3	33.2	31.6	34.6	34.2
Adult Diabetes					
Green River District	9.2	11.9	13.6	12.1	17
Kentucky	10.7	10.6	12.5	13.4	13.1
Adult Asthma					
Green River District	7.6	9.2	16.4	11.4	11.4
Kentucky	11.1	9.5	11.9	11.9	11.6
Disability – Adults with limited activity due to physical, mental, or emotional problems					
Green River District	26.7	23.1	24.1	21.8	31.3
Kentucky	26.2	25.8	27.6	26.5	25.7

Source: 2017 BRFSS Annual Report, Kentucky Department for Public Health



CHIP Planning Meeting Date – August 6, 2018