



## Top Health Issues Identified

<b>Teen Issues</b>	Safe Activities, Bullying Prevention/Awareness, Teen Pregnancy and Youth Leadership
<b>Mental Health</b>	Adverse Childhood Experiences, Self-harm, Bullying, Suicide, Anxiety, Depression, Teen Issues.
<b>Substance Abuse</b>	Alcohol & Tobacco Abuse, Drug Rehab Facilities, Drug/Alcohol education resources for parents.
<b>Housing</b>	Safety, Affordability, Adequate Availability

### Next Steps

- Use the CHA to solidify Improvement Plan Initiatives
- Identify Goals and Objectives for Initiative areas.

### McLean County's Vision

- "The Ideal Healthy Community"
  - ❖ Access to Quality Health Care
  - ❖ Sidewalks, Walking, Bike Trails
  - ❖ Sense of Community
  - ❖ Strong Family Values
  - ❖ Drug Free
  - ❖ Activities for Youth
  - ❖ Access to Nutritious Foods
  - ❖ Agriculture

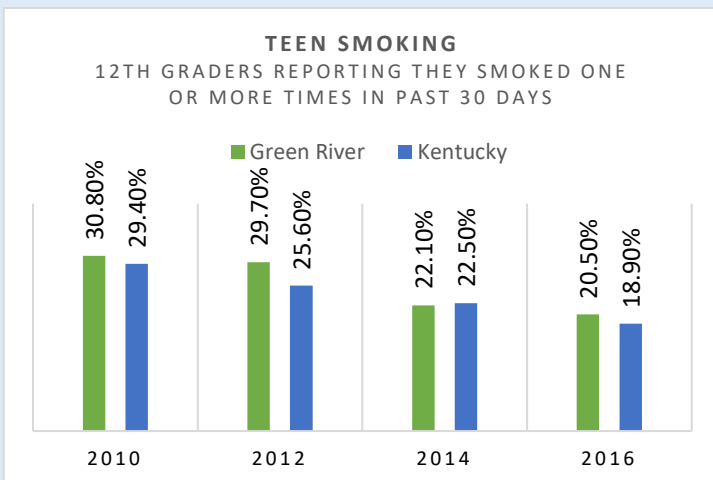
### Community Themes & Strengths

*"What one thing would you change to improve your community?"*

- Stigma around mental health services
- More walkable community
- More affordable housing
- Access to Drug Rehabs
- More youth activities/opportunities
- Reduce Drug Use
- Reduce Tobacco Use
- Stronger families
- Increase access to care (including mental & dental)
- Lower obesity rates

### Community Health Assessment

You can find the full GRDHD Community Health Assessment at [www.healthdepartment.org](http://www.healthdepartment.org)



**What are the unique aspects that make McLean County more health, or unhealthy?**

Healthy	
<ul style="list-style-type: none"> <li>▪ Access to healthy food</li> <li>▪ Local business</li> <li>▪ Fitness centers</li> <li>▪ Food pantry</li> <li>▪ Parks</li> <li>▪ Pharmacy</li> <li>▪ Walking track</li> <li>▪ Fresh air</li> <li>▪ Children Athletics</li> </ul>	<ul style="list-style-type: none"> <li>▪ Growing industry</li> <li>▪ Healthy education signage</li> <li>▪ Clinics</li> <li>▪ Home gardens</li> <li>▪ Agriculture</li> <li>▪ Farmer's market</li> <li>▪ Community Feeling</li> <li>▪ Family activities</li> <li>▪ Youth involvement</li> </ul>
Unhealthy	
<ul style="list-style-type: none"> <li>▪ Lack of recreational fields/courts</li> <li>▪ Lack of adult recreation facilities (golf course)</li> <li>▪ Litter/Dumping</li> <li>▪ Lack of access to dental healthcare</li> <li>▪ Absence of parental involvement</li> </ul>	<ul style="list-style-type: none"> <li>▪ Poverty</li> <li>▪ Abandoned homes/lots</li> <li>▪ Unkempt homes/businesses</li> <li>▪ Lack of housing</li> <li>▪ Burning trash</li> <li>▪ E-Cigarette/Tobacco use</li> <li>▪ Drug Use</li> <li>▪ Obesity</li> </ul>

**A community health assessment (CHA) helps a community to identify key health needs and issues through analysis of data and community feedback. A CHA then helps to guide planning for the Community Health Improvement Plan (CHIP) which is a plan that focuses efforts to address public health problems based on the results of the CHA. The CHIP is a 3 year plan, including goals and objectives to improve the identified strategic initiative areas.**

**Community Health Status Data**

	2013	2014	2015	2016	2017
<b>Obesity</b>					
Green River District	31.8	31.3	34.2	30.1	32.4
Kentucky	31.3	33.2	31.6	34.6	34.2
<b>Adult Diabetes</b>					
Green River District	9.2	11.9	13.6	12.1	17
Kentucky	10.7	10.6	12.5	13.4	13.1
<b>Adult Asthma</b>					
Green River District	7.6	9.2	16.4	11.4	11.4
Kentucky	11.1	9.5	11.9	11.9	11.6
<b>Disability – Adults with limited activity due to physical, mental, or emotional problems</b>					
Green River District	26.7	23.1	24.1	21.8	31.3
Kentucky	26.2	25.8	27.6	26.5	25.7

Source: 2017 BRFSS Annual Report, Kentucky Department for Public Health

**CHIP Planning Meeting Date – June 4, 2018**

- TOP 10**  
Healthy Aspects  
of Green River  
District
10. Health Coalitions/Health Minded Groups
  9. Employer Engagement in Health
  8. Exceptional Schools and Teachers
  7. Downtown Riverfront
  6. Smoke-Free Areas
  5. Fitness Facilities
  4. Farmer's Markets
  3. Family Friendly Community Events
  2. Walking Trails/Tracks
  1. Parks