

PERINATAL & MATERNAL MENTAL HEALTH

Website



Perinatal mental illness is the most common complication of pregnancy and the first year post-delivery. These disorders include depression, anxiety, post-traumatic stress disorder, postpartum psychosis, bipolar and obsessive-compulsive disorder.

The Perinatal & Maternal Mental Health Website is designed to connect Kentuckians in need to available resources. The Perinatal & Maternal Mental Health website provides:



Information

Lists and explanations of perinatal mental health conditions.



Resources

Helpful tools, links and services available to pregnant women, families and providers.



Hotlines

Information on hotlines designed to provide support and assistance available to pregnant/postpartum women and their families.



SCAN HERE



TO VIEW THE PERINATAL
& MENTAL HEALTH WEBSITE



Kentucky Public Health
Prevent. Promote. Protect.

<https://chfs.ky.gov/agencies/dph/dwh/Pages/PMH.aspx>